



## SECURITY

Priority 3.1 Support to the development of health protection and social services



PROJECT  
ACRONYM

# HealthyCities

## Increasing of access to health services in Krosno and Uzhhorod

PLBU.02.01.00-18-0358/17

The current challenge that Krosno and Uzhhorod communities have to face is progressing degradation of mental and physical health among young people as well as social ignorance in the range of health. The reports conducted in the last few years show, that more than 30% of patients have sight or posture defects, while the cardiovascular diseases have 57% of patients 18+. Insufficient financial funds for prevention cause low health awareness among residents of the Polish-Ukrainian border.

The HealthyCities project is focused on supporting both regions with health proactive campaign as detection of first symptoms will enable to prevent diseases at the very early stage. One of its main activities will be the screening of the population in Krosno and Uzhhorod - among others posture, eyes and cardiac (ECG) tests will be performed at schools in both cities. Moreover, cardiovascular examinations for adults will be conducted in Krosno, but hearing and allergy tests for children and adolescents in Uzhhorod. Next project initiative foresees equipping the school doctors' rooms on the Ukrainian side, while Polish schools will gain new first-aid and gymnastics devices. The educational campaigns will be spread in both countries as well: first-aid workshops, promotion of physical exercises, lectures for teenagers on prevention of addictions and the ability to cope with difficult situations. Publication of newspaper advertisements, web articles and short spots on local radio will strengthen the message.

Comparative analysis in Krosno and Uzhhorod will allow to undertake appropriate activities increasing the access to healthcare services among residents. The medical personnel dealing with health programs will have an excellent opportunity to exchange know-how, what will reduce differences in public health in both regions. But the most important result of the project implementation will be better life quality on both sides of the Polish-Ukrainian border.



LEAD  
BENEFICIARY  
Krosno Commune



PARTNERS  
Executive Committee of  
Uzhhorod City Council  
Fund of Transborder  
Cooperation Development



TOTAL  
BUDGET  
0.47 MEUR



PROJECT  
DURATION  
24 MONTHS



ENI  
CO-FUNDING  
0.42 MEUR